# 詠春體育會網上套路比賽2022

Ving Tsun Taolu (Forms) Online Competitions 2022



詠春體育會主辦

Organized by Ving Tsun Athletic Association



系統供應 :自動方案顧問有限公司

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### 詠春體育會 VING TSUN ATHLETIC ASSOCIATION LTD.

#### Ving Tsun TaoLu (Forms) Online Competitions 2022

Dear Ving Tsun family,

First of all, I hope that you and your loved ones are healthy and coping well with the COVID-19 pandemic.

Due to the pandemic, many sport events globally were postponed or cancelled. The VTAA organized competitions were also cancelled without any exception.

Nevertheless, we believe that Ving Tsun is requisite in our daily lives. We need to stay healthy and positive more than ever in these days. VTAA has therefore decided to organize an online Taolu competitions on 16 January 2022.

This is an initiative to help the Ving Tsun family to restore certain normalcy and stay positive in the face of adversity. Through the Online Competitions, we hope our Ving Tsun family will be able to practice and compete our beloved martial arts in a relative safety and comfort way.

I look forward to your active participation. Take care and stay safe!

Sincerely yours,

Lee Yuk Cheong Chairman 1 December 2021



Organizer: Ving Tsun Athletic Association

Date: 16 January 2022

## **OUTLINE**

Competition Method	Individual scoring
Competition Date	16 January 2022, 13:00 Hong Kong (GMT+8)
Entry Deadline Online platform	<ul> <li>6 January 2022</li> <li>Entry is limited and available on a first come, first served basis. The organizer reserves the right of final determination.</li> <li>The Organizer will provide a competition mobile App which should be</li> </ul>
	installed by participants on their personal mobile phones or tablets. Participant shall login 15 minutes before the time specified on the bout chart. Use the App to take the Taolu video according to the App instruction, and the referees will score in real time.
	<ul> <li>Due to the time zone difference, overseas participants can pre-record routines the day before the competition with the competition software provided by the organizer, and the referees will score together on the day of the competition. Any edited video will be disqualified.</li> </ul>
	<ul> <li>It is recommended that participants should enter the test function in advance to test the shooting location and distance.</li> </ul>
	<ul> <li>Participants shall choose to perform the Taolu in a well-lit and safe indoor or outdoor environment. The background must be clear and free of debris and avoid glare. Please note the social distancing and epidemic prevention regulations of the area.</li> </ul>
	<ul> <li>Camera must be in horizontal position and remain in same position during the performance (not permitted to zoom in and out or up and down). It can only pan left or right at a fixed position by 45° horizontally.</li> </ul>
	<ul> <li>It should have enough distance to cover whole body during the performance.</li> <li>When any part of the contestant's body is outside the video frame, points will be deducted on each movement.</li> </ul>
Entry Fees	HK\$100.00 or US\$15.00 per entry
Contestants Qualifications	Open to all lineage of Grandmaster Ip Man for Senior (age 18 or above) and Junior (age 12-17)
Award	Online Certificates: 1st place; 2nd place; 3rd place and Certificate of Participation
Online Registration	Participating team and contestants shall register the entry through: <a href="https://forms.gle/6wpi7qGN1RA22hQA8">https://forms.gle/6wpi7qGN1RA22hQA8</a>



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Category	A. Male - Siu Lim Tau D. Female - Siu Lim Tau G. Junior - Siu Lim Tau B. Male - Chum Kiu E. Female - Chum Kiu H. Junior - Chum Kiu C. Male - Biu Gee F. Female - Biu Gee I. Junior - Biu Gee
	<ul> <li>Junior (regardless of gender): Age between 12 to 17 (year of birth 2005-2010)</li> <li>Male and Female: Age 18 or above (year of birth 2004 or before)</li> <li>Each Taolu Form shall be completed between 1 minutes 30 seconds to 3 minutes.</li> <li>Each participant should not take more than 3 categories.</li> </ul>
Scoring guidelines	<ul> <li>For "Siu Lim Tau" and "Chum Kiu", participants should follow the demonstrations made by Grand Master Ip Man</li> <li>For "Biu Gee", participants should follow the demonstration made by Sifu Ip Ching.</li> <li>Demonstration videos can be found on VTAA website <a href="http://www.vingtsun.org.hk">http://www.vingtsun.org.hk</a></li> </ul>
Scoring criteria	Total 10 points, including:  Shape: 2 points - Hand shape, body shape, stance shape, etc Perform offensive and defensive movement as explained in the Scoring Guidelines.
	<ul> <li>Strength and control: 3 points</li> <li>Mind, Chi, Spirit, Strength, internal and external co-ordination.</li> <li>Mind and spirit combine with breathing control physical movements and performance.</li> </ul>
	Skill: 2 points - Hands & Footwork Techniques – correctly express the motion trajectory in line with the specifications of action and use the correct method.
	Overall presentation: 3 points  The whole presentation should be consistent with the style of Ip Man lineage: Requirements of Forms, strict structure, reasonable arrangement, outstanding style, tight coordination of offensive and defensive actions.
Referee	VTAA recognized referee
Apparel	Participants must wear neat sportswear. If indecent or inappropriate clothing found, points may be deducted or disqualified.
Protest	There is no protest allowed for this competition, and the organizer reserves the right to make the final decision on the result of the competition.
Disclaimer	By registering for the Ving Tsun Taolu (Forms) Online Competitions 2022, participants are deem to agree to indemnify, hold harmless and release the Ving Tsun Athletic Association Ltd. and the Organizing Committee, its executive board members, directors, officials, suppliers, from and against any and all damages, injuries, liabilities and expenses of every kind as a direct or indirect result of participating in the Ving Tsun Taolu (Forms) Online Competitions 2022.
	All the teams should obtain from their junior participants a parental authorization of participation to the Competition.
	The competition will be broadcast live online, and the competition videos will be made available to the public. Ving Tsun Athletic Association may use these competition videos for teaching or promotion of Ving Tsun in the future. Participants are deemed to agree to this video usage when registering.